

2 km

Rang

1	Geraldine	Deshaies	11:14.2	6-7 F
2	Marie	Jacques	11:27.1	6-7 F

1	Emmanuelle	Moreau	9:13.0	8-9 F
2	Vanessa	Truffer	9:22.9	8-9 F
3	Marianne	Brillant	9:42.1	8-9 F
4	Raphaëlle	Lessard	9:49.5	8-9 F
5	Rachel	Azzaria	10:19.4	8-9 F
6	Cassandra	Anselin	10:55.6	8-9 F
7	Justine	Lemelin	11:31.9	8-9 F
8	Laurie	Gagnon	11:56.1	8-9 F
9	Logane	Lemire	11:58.0	8-9 F
10	Anabelle	Dubé	12:06.0	8-9 F
11	Cybil	Deshaies	12:58.3	8-9 F

1	Catherine	Truffer	9:01.4	10-11 F
2	Magalie	Trempe	9:04.8	10-11 F
3	Elie-Anne	Tremblay	9:37.5	10-11 F
4	Kim	Grenier	9:59.2	10-11 F
5	Émily	Lachance	10:13.5	10-11 F
6	Laïla	Brochu	11:34.7	10-11 F

1	Zachari	Moreau	9:48.1	6-7 M
2	Alexandre	Lajoie	10:21.7	6-7 M
3	Edouard	Laroche	11:11.6	6-7 M
4	Adam	Gagnon	11:20.2	6-7 M

1	Carl	Truffer	8:20.0	8-9 M
2	Isaac	Gagnon	8:41.9	8-9 M
3	Eliott	Robichaud	8:50.1	8-9 M
4	Thierry	Olivier	8:58.7	8-9 M
5	Guillaume	Jacques	9:22.9	8-9 M
6	Louis-Philippe	Gervais	9:43.0	8-9 M
7	Mathieu	Germain Amplemai	9:46.0	8-9 M
8	Mederic	Trempe	9:49.7	8-9 M
9	Louis-Philippe	Labbe	9:52.0	8-9 M
10	Nathan	Levasseur	9:52.6	8-9 M
11	Jonathan	Germain Amplemai	10:29.0	8-9 M
12	Jonathan	Caron	11:40.5	8-9 M
13	Jan	Morin	14:34.9	8-9 M

1	Julien	Rochon	8:27.3	10-11 M
2	Colin	Viens	8:37.5	10-11 M
3	Félix	Olivier	8:59.3	10-11 M
4	Nathan	Guerin	8:59.8	10-11 M
5	Julien	Gilbert	9:03.6	10-11 M
6	Liam	Pinard	9:05.5	10-11 M
7	Christopher	April	9:11.9	10-11 M
8	Nathaniel	Caron	10:01.8	10-11 M
9	Bastien	Lemire	10:21.7	10-11 M
10	Étienne	Roussin	10:31.9	10-11 M
11	Justin	Barbeau	10:33.6	10-11 M
12	Félix	Duhaime	11:55.7	10-11 M
13	Éric	Morin	12:21.7	10-11 M

4 km

1	Jennifer	Carbonneau	16:47.3	12-13 F
2	Alyssa	Le Méner	17:31.8	12-13 F
3	Fannie	Blais	17:48.8	12-13 F
4	Emmanuelle	Simard	17:57.8	12-13 F
5	Eve	Grenier	18:02.1	12-13 F
6	Anaève	Buell	18:43.8	12-13 F
7	Mathilde	Laroche	19:10.5	12-13 F
8	Livia	Bolduc Painchaud	19:17.0	12-13 F
9	Fanny	Lacoursière	20:26.7	12-13 F
10	Béatrice	Beaupré	20:39.7	12-13 F
11	Julian	Cantin-Cadieux	20:50.9	12-13 F
12	Maléka	Emond	23:43.0	12-13 F
13	Florence	Duhaime	26:14.1	12-13 F
14	Jade	Berthelot	28:14.0	12-13 F
15	Lauryann	Mercier	28:16.8	12-13 F
16	Valeria	Marclure	32:43.4	12-13 F
17	Anne-Sophie	Lépine-Côté	32:43.7	12-13 F

1	Béatrice	Gilbert	17:06.0	14-15 F
2	Léa-Mei	Trudel	19:03.8	14-15 F
3	Magali	Roberge Niuckner	21:03.9	14-15 F
4	Sarah-Jade	Leroux	23:19.4	14-15 F
5	Frédérique	Leblond	23:57.1	14-15 F
6	Laurie	Zarir	25:18.2	14-15 F

1	Jérémy	Lajoie	15:34.1	12-13 M
2	Félix-Olivier	Moreau	15:52.4	12-13 M
3	William	Nolet	16:30.3	12-13 M
4	Jonathan	Langevin	17:25.7	12-13 M
5	Joseph	Bertrand	17:44.3	12-13 M
6	Jordan	April	17:47.5	12-13 M
7	Anthony	Harvey	18:28.9	12-13 M
8	Joaquim	Boisvert	20:06.7	12-13 M
9	Jérémie	Provencher	20:54.5	12-13 M
10	Clément	Poulin	21:04.7	12-13 M

1	Yannick	Lajoie	14:37.0	14-15 M
2	Nicolas	Harvey	15:05.3	14-15 M
3	Charles-Henry	Chouinard	16:07.6	14-15 M
4	Charles	Duhaime	16:30.3	14-15 M
5	Médéric	Desrochers	17:10.0	14-15 M
6	Philippe	Michaud	17:28.5	14-15 M
7	Olivier	Chabot	18:52.8	14-15 M
8	Félix	Jobin Lapointe	19:50.9	14-15 M
9	William	Lagace	19:53.6	14-15 M

6 km

1	Marianne	Houle	24:56.9	16-17 F
2	Ann-Sophie	Beauchemin	25:01.7	16-17 F
3	Laurie	Custeau	25:28.4	16-17 F
4	Mathilde	Pépin-Blanchette	28:28.3	16-17 F
5	Marie-Jeanne	Morasse	29:07.6	16-17 F
6	Charlie	Wenger	32:04.0	16-17 F
7	Amélie	Zarir	32:07.6	16-17 F
8	Solange	Gauthier	32:25.3	16-17 F

1	Aurélie	Dubé-Lavoie	22:19.9	18-19 F
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2	Marianne	St-Louis-Morneau	28:29.1	18-19 F
1	Paméla-Ann	St-Pierre	24:59.5	20-29 F
2	Gabrielle	Richard	25:18.1	20-29 F
3	Noémie	Godin	25:19.9	20-29 F
4	Maude	Mercier	26:48.1	20-29 F
5	Stéphanie	Giroux	26:49.9	20-29 F
6	Marie-Hélène	Bédard	27:39.6	20-29 F
7	Élise	Tardif-Fournier	27:43.8	20-29 F
8	Gabrielle	St-Louis	27:45.5	20-29 F
9	Vanessa	Charron	30:22.1	20-29 F
10	Julie	Frenette	30:48.3	20-29 F
11	Caroline	Lévesque	31:04.5	20-29 F
1	Karine	Lefebvre	23:37.3	30-39 F
2	Isabelle	Genest	30:00.0	30-39 F
1	Lyne	Girard	26:31.5	40-49 F
2	Brigitte	Pagé	27:55.1	40-49 F
3	Nicholas	Blomfield	32:57.4	40-49 F
4	Josée	Latulippe	37:30.5	40-49 F
5	Catherine	Landry	37:46.9	40-49 F
1	Suzanne	Rivard	30:26.1	50-59 F
2	Ginette	Carignan	33:37.3	50-59 F
8 km				
1	Jean-Simon	Desgagnés	27:07.9	16-17 M
2	Kevin	Parisé	29:47.8	16-17 M
3	Thomas	Turgeon	33:31.3	16-17 M
4	Victor	Frève-Boucher	35:58.4	16-17 M
5	Vincent	Gagnon	37:45.0	16-17 M
1	Philippe	Labrecque	28:32.2	18-19 M
2	Charles	Pépin	28:43.8	18-19 M
3	Victor	Bourassa	28:47.9	18-19 M
4	Frédéric	Lefebvre	29:03.4	18-19 M
5	Félix	Duchesne	29:11.0	18-19 M
6	Guillaume	Létourneau	30:48.5	18-19 M
7	Maxime	Paré	33:14.6	18-19 M
1	Stéphan	St-Martin	25:02.9	20-29 M
2	Philippe	Vézina	26:46.0	20-29 M
3	Nicolas	Audet	26:51.0	20-29 M
4	Jean-Marc	Doiron	27:18.6	20-29 M
5	Alex	Mavrovic	27:37.8	20-29 M
6	Sacha	Plante-Dubé	27:41.6	20-29 M
7	Jean-Simon	Fournier-Dufour	27:44.2	20-29 M
8	Jean-Philippe	Dion	27:50.4	20-29 M
9	Pierre-Antoine	Dupont	27:53.7	20-29 M
10	Alexandre	Boucher	28:05.0	20-29 M
11	Anthony	Dionne	28:12.7	20-29 M
12	Patrick	Lehoux-Gagnon	28:31.5	20-29 M
13	Adam	Shiri	28:37.8	20-29 M
14	James	Coulton	28:39.9	20-29 M
15	Benoit	Didier	28:41.3	20-29 M
16	Oliver	Clark	28:52.6	20-29 M
17	Alexandre	Candea	28:57.4	20-29 M
18	Guillaume	Decherf	29:39.0	20-29 M

19	Marc-Antoine	Vanier	29:49.6	20-29 M
20	Ilrick	Duhamel	29:54.8	20-29 M
21	Maxime	Boivin	30:05.3	20-29 M
22	Alexandre	Meunier	30:14.1	20-29 M
23	Vincent	Belhumeur	30:19.7	20-29 M
24	Victor	Côté	31:23.4	20-29 M
25	Jean- Raphael	Gosselin	31:31.6	20-29 M
26	Simon	Trudel-Lachance	31:47.0	20-29 M
27	Alexandre	Brizard	32:34.4	20-29 M
28	Valentin	Verdier	37:18.5	20-29 M

1	Luc	Savard	28:31.0	30-39 M
2	Nicolas	Desbiens	28:41.6	30-39 M
3	Jean-Philippe	Pelland-Leblanc	29:17.9	30-39 M
4	Patrick	Levasseur	30:07.5	30-39 M
5	Jean-Sébastien	Lapointe	30:25.8	30-39 M
6	Dominic	Michaud	32:07.9	30-39 M
7	Simon	Dufour	33:02.5	30-39 M

1	René	Goulet	30:20.3	40-49 M
2	Hugo	Simard	30:55.1	40-49 M
3	Dominic	Raby	32:44.0	40-49 M
4	Pierre	Boilard	33:24.3	40-49 M
5	Sylvain	Thibeault	34:27.3	40-49 M
6	Eric	Maltais	36:02.0	40-49 M
7	Marc	Pinard	47:16.5	40-49 M

1	Jean-Francois	Fillion	32:12.5	50-59 M
2	Richard	Brochu	34:12.9	50-59 M
3	David	Crossman	35:46.3	50-59 M

1	Léon	Simard	37:26.5	60 +
2	Michel	Belley	47:27.3	60 +