

1,5 km

| | | | | |
|---|--------------------|---|-------|---------|
| 1 | Anasoleil Dubois | F | 06-07 | 7:51.1 |
| 2 | Justine Lemelin | F | 06-07 | 8:38.8 |
| 3 | Mathilde Falardeau | F | 06-07 | 8:43.1 |
| 4 | Alicia Lachance | F | 06-07 | 9:19.2 |
| 5 | Chajjadi Amira | F | 06-07 | 13:01.2 |

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|----|------------------------|---|-------|---------|
| 1 | Nicolas Savard | H | 06-07 | 6:48.5 |
| 2 | Mathieu Boucher-grenon | H | 06-07 | 6:56.2 |
| 3 | Louis-simon Ross | H | 06-07 | 7:44.4 |
| 4 | Nathan Levasseur | H | 06-07 | 8:12.9 |
| 5 | Loan Hu Lai Kune | H | 06-07 | 8:38.9 |
| 6 | Justin Fiset | H | 06-07 | 8:39.1 |
| 7 | Adam Gagnon | H | 06-07 | 8:56.8 |
| 8 | Arnaud Dupont | H | 06-07 | 10:16.2 |
| 9 | Gabriel Gervais | H | 06-07 | 10:41.4 |
| 10 | Jacob Savary | H | 06-07 | 11:40.1 |
| 11 | Jacob Poun | H | 06-07 | 15:36.7 |

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|----|--------------------|---|-------|--------|
| 1 | Florence Harrisson | F | 08-09 | 6:47.5 |
| 2 | Emmanuelle Moreau | F | 08-09 | 7:01.7 |
| 3 | Claudy Morin | F | 08-09 | 7:31.6 |
| 4 | Anna Charbonneau | F | 08-09 | 7:41.8 |
| 5 | Rosalie Gosselin | F | 08-09 | 8:25.9 |
| 6 | Maika Hébert | F | 08-09 | 8:35.7 |
| 7 | Charlie Routhier | F | 08-09 | 8:48.5 |
| 8 | Laïla Brochu | F | 08-09 | 8:55.5 |
| 9 | Kayla Arseneault | F | 08-09 | 8:56.0 |
| 10 | Sarah-maude Lavoie | F | 08-09 | 8:57.7 |
| 11 | Éloïse Fiset | F | 08-09 | 9:01.9 |
| 12 | Sophie Bélanger | F | 08-09 | 9:35.4 |

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|----|------------------------|---|-------|---------|
| 1 | Julien Rochon | H | 08-09 | 6:21.6 |
| 2 | Noam Breton | H | 08-09 | 6:33.6 |
| 3 | Raphael Chapdelaine | H | 08-09 | 6:36.6 |
| 4 | Isaac Gagnon | H | 08-09 | 6:38.7 |
| 5 | Gaël Dalvai | H | 08-09 | 6:39.8 |
| 6 | Joseph Perreault | H | 08-09 | 6:44.4 |
| 7 | Mathis Duval | H | 08-09 | 6:56.6 |
| 8 | Xavier Normandin | H | 08-09 | 7:14.1 |
| 9 | Isaac Frenette | H | 08-09 | 7:33.6 |
| 10 | Louis-philippe Gervais | H | 08-09 | 7:35.4 |
| 11 | Frédéric Calvé | H | 08-09 | 7:49.5 |
| 12 | Xavier Fiset | H | 08-09 | 10:51.1 |

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|---|---------------------|---|-------|--------|
| 1 | Jennifer Carbonneau | F | 10-11 | 5:54.9 |
| 2 | Mia Roy | F | 10-11 | 6:27.9 |
| 3 | Juliette Jamet | F | 10-11 | 6:34.6 |
| 4 | Ilona Boccacci | F | 10-11 | 6:42.4 |
| 5 | Annina Roy | F | 10-11 | 6:44.1 |
| 6 | Maïna Hamel | F | 10-11 | 6:46.8 |

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|----|-------------------|---|-------|--------|
| 7 | Anaève Buell | F | 10-11 | 6:56.1 |
| 8 | Marie Rhéaume | F | 10-11 | 6:59.0 |
| 9 | Maélie Plante | F | 10-11 | 7:11.6 |
| 10 | Basma Chafi | F | 10-11 | 7:16.3 |
| 11 | Laurence Lebrun | F | 10-11 | 7:35.5 |
| 12 | Sara-maud Lupien | F | 10-11 | 7:43.8 |
| 13 | Simone Bertrand | F | 10-11 | 7:47.7 |
| 14 | Florence Gosselin | F | 10-11 | 7:52.0 |
| 15 | Florence Duhaime | F | 10-11 | 7:53.4 |
| 16 | Anabelle Jacques | F | 10-11 | 8:01.7 |
| 17 | Gaëlle Brochu | F | 10-11 | 8:17.3 |

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|----|---------------------------|---|-------|--------|
| 1 | Joseph Bertrand | H | 10-11 | 5:50.8 |
| 2 | Justin Genest | H | 10-11 | 5:52.2 |
| 3 | Aimé Perreault | H | 10-11 | 5:59.2 |
| 4 | Ludovic Boucher-grenon | H | 10-11 | 6:05.9 |
| 5 | Félix-antoine Prévost | H | 10-11 | 6:19.8 |
| 6 | Mathieu Savard | H | 10-11 | 6:21.4 |
| 7 | Guillaume Morency | H | 10-11 | 6:25.1 |
| 8 | Julien Gilbert | H | 10-11 | 6:38.6 |
| 9 | Jean-christophe Thomassin | H | 10-11 | 6:39.8 |
| 10 | Samuel Morin | H | 10-11 | 7:04.4 |
| 11 | Olivier Gervais | H | 10-11 | 7:43.2 |
| 12 | Ulysse Rioux-martineau | H | 10-11 | 7:47.2 |

3 km

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|----|-----------------------|---|-------|---------|
| 1 | Anne-Marie Petitclerc | F | 12-13 | 11:49.2 |
| 2 | Jeanne Gourdeau | F | 12-13 | 12:57.2 |
| 3 | Béatrice Gilbert | F | 12-13 | 13:06.7 |
| 4 | Emmanuelle Simard | F | 12-13 | 13:09.4 |
| 5 | Mathilde Laroche | F | 12-13 | 13:09.5 |
| 6 | Alice Brochu | F | 12-13 | 13:22.1 |
| 7 | Jeanne Desmeules | F | 12-13 | 13:23.6 |
| 8 | Allard Méganne | F | 12-13 | 13:48.3 |
| 9 | Mahée Brochu | F | 12-13 | 13:53.1 |
| 10 | Andreeanne Powers | F | 12-13 | 14:03.6 |
| 11 | Léa-maude Labonté | F | 12-13 | 14:25.4 |
| 12 | Léa Bouchard | F | 12-13 | 14:29.9 |
| 13 | Emmanuelle Rhéaume | F | 12-13 | 14:52.8 |
| 14 | Sophie Boulé | F | 12-13 | 15:21.5 |
| 15 | Jeanne Huard | F | 12-13 | 16:18.8 |
| 16 | Maë Vernet | F | 12-13 | 18:10.8 |
| 17 | Jade Berthelot | F | 12-13 | 20:52.7 |

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|---|----------------------|---|-------|---------|
| 1 | Tremblay Vincent | H | 12-13 | 11:12.4 |
| 2 | Ludovic Pelletier | H | 12-13 | 11:26.6 |
| 3 | Alec Charbonneau | H | 12-13 | 13:07.5 |
| 4 | Jonathan Savard | H | 12-13 | 13:32.6 |
| 5 | Anthony Harvey | H | 12-13 | 13:35.1 |
| 6 | Félix Jobin-lapointe | H | 12-13 | 15:56.9 |

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|---|----------------------|---|-------|---------|
| 1 | Anne-catherine Blais | F | 14-15 | 12:32.2 |
| 2 | Mathilde Dupuis | F | 14-15 | 13:14.4 |
| 3 | Corine Lachance | F | 14-15 | 14:00.6 |

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|---|---------------------------|---|-------|---------|
| 4 | Élisa Jean | F | 14-15 | 14:17.1 |
| 5 | Juliette Brochu | F | 14-15 | 14:21.4 |
| 6 | Juliette Boucher-grenon | F | 14-15 | 14:36.2 |
| 7 | Laurence Ouellet | F | 14-15 | 15:12.7 |
| 8 | Charlie Wenger | F | 14-15 | 15:20.4 |
| 9 | Joanie Paquette-Letellier | F | 14-15 | 21:13.7 |

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|----|------------------------|---|-------|---------|
| 1 | Antoine Laforte | H | 14-15 | 10:09.6 |
| 2 | Kevin Parisé | H | 14-15 | 10:10.4 |
| 3 | Félix Plourde-couture | H | 14-15 | 10:47.8 |
| 4 | Normandin Pierre-yves | H | 14-15 | 10:55.1 |
| 5 | Nicolas Patenaude | H | 14-15 | 11:24.9 |
| 6 | Alexis Denault-lemaire | H | 14-15 | 11:39.8 |
| 7 | Félix-antoine Belzile | H | 14-15 | 11:41.0 |
| 8 | Julien Claveau | H | 14-15 | 12:06.3 |
| 9 | Thomas Turgeon | H | 14-15 | 12:15.8 |
| 10 | Xavier Pettigrew | H | 14-15 | 12:22.2 |
| 11 | Charles Duhaime | H | 14-15 | 12:22.7 |
| 12 | François-xavier Dupuis | H | 14-15 | 12:59.5 |
| 13 | Victor Freve-Boucher | H | 14-15 | 13:12.3 |
| 14 | Alexis Rochette | H | 14-15 | 13:37.3 |
| 15 | Vincent Gagnon | H | 14-15 | 13:58.3 |

4,5 km

| | | | | |
|---|-----------------------|---|-------|---------|
| 1 | Catherine Beauchemin | F | 16-17 | 16:43.9 |
| 2 | Ann Sophie Beauchemin | F | 16-17 | 18:31.7 |
| 3 | Annie-Kim Labarre | F | 16-17 | 18:45.3 |
| 4 | Laurence Normandin | F | 16-17 | 18:50.3 |
| 5 | Jade Nadeau | F | 16-17 | 19:02.8 |
| 6 | Joanie Lalonde | F | 16-17 | 19:26.9 |
| 7 | Emilie Goulet | F | 16-17 | 22:43.5 |
| 8 | Larouche Marianne | F | 16-17 | 24:50.3 |

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|---|---------------------------|---|-------|---------|
| 1 | Linda Dumalo | F | 18-19 | 18:24.6 |
| 2 | Madelaine Roberts | F | 18-19 | 18:47.4 |
| 3 | Eloise St-pierre | F | 18-19 | 19:01.9 |
| 4 | Marianne St-louis-morneau | F | 18-19 | 20:46.7 |
| 5 | Andréanne Gouin | F | 18-19 | 21:38.1 |

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|----|-------------------------------|---|-------|---------|
| 1 | Catherine Cormier | F | 20-29 | 15:54.0 |
| 2 | Florence Charbonneau-dufresne | F | 20-29 | 17:48.9 |
| 3 | Rébecca Beaumont | F | 20-29 | 17:54.6 |
| 4 | Isabelle Turcotte | F | 20-29 | 17:58.3 |
| 5 | Marianne Leclerc | F | 20-29 | 18:26.7 |
| 6 | Jasmine Canse | F | 20-29 | 18:31.3 |
| 7 | Elise Lechasseur | F | 20-29 | 18:31.4 |
| 8 | Camille Doucet | F | 20-29 | 18:35.9 |
| 9 | Myriam Paquette | F | 20-29 | 18:40.0 |
| 10 | Audrey Laprise | F | 20-29 | 19:13.3 |
| 11 | Brenna Walsh | F | 20-29 | 19:22.0 |
| 12 | Erin Berry | F | 20-29 | 19:29.8 |
| 13 | Alexandra Goulet | F | 20-29 | 19:32.5 |
| 14 | Maude Gagnon | F | 20-29 | 19:33.1 |

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|----|---------------------------|---|-------|---------|
| 15 | Catherine Lemire | F | 20-29 | 19:53.9 |
| 16 | Andréanne Troestler | F | 20-29 | 20:55.3 |
| 17 | Alexandra Tavares-lemay | F | 20-29 | 21:24.1 |
| 18 | Stephanie Puchol | F | 20-29 | 21:27.5 |
| 19 | Carole Kill | F | 20-29 | 21:52.4 |
| 20 | Geneviève Bugeaud | F | 20-29 | 22:04.1 |
| 21 | Marjolaine Larochelle | F | 20-29 | 22:35.3 |
| 22 | Carole-anne Picard-tardif | F | 20-29 | 24:18.5 |
| 23 | Alice Fleury | F | 20-29 | 25:25.9 |

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|---|----------------------|---|-------|---------|
| 1 | Stéphanie Létourneau | F | 30-39 | 19:24.8 |
| 2 | Stéphanie Roy | F | 30-39 | 20:06.7 |
| 3 | Annick Vallières | F | 30-39 | 21:02.1 |

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|---|----------------------|---|-------|---------|
| 1 | Brigitte Pagé | F | 40-49 | 20:44.3 |
| 2 | Sabrina Grandlienard | F | 40-49 | 21:27.7 |
| 3 | Vicky Falardeau | F | 40-49 | 24:14.1 |
| 4 | Nichola Blomfield | F | 40-49 | 24:25.5 |
| 5 | Josée Latulippe | F | 40-49 | 26:15.2 |
| 6 | Shirley Simard | F | 40-49 | 29:16.2 |

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| 1 | Diane Pomerleau | F | 50-59 | 23:57.4 |
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7,5 km

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|---|----------------------|---|-------|---------|
| 1 | Antonin Giguère | H | 16-17 | 26:34.1 |
| 2 | Felix Duchesne | H | 16-17 | 27:14.3 |
| 3 | Guillaume Letourneau | H | 16-17 | 28:48.0 |

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|---|---------------------------|---|-------|---------|
| 1 | Ricardo Izquierdo-bernier | H | 18-19 | 25:50.9 |
| 2 | Philippe Labrecque | H | 18-19 | 28:50.0 |
| 3 | Alexandre Meunier | H | 18-19 | 29:19.6 |
| 4 | Maxime Paré | H | 18-19 | 29:32.6 |
| 5 | Charles Faucher Robert | H | 18-19 | 29:41.1 |
| 6 | William Lajeunesse | H | 18-19 | 29:53.9 |
| 7 | Félix Bérubé-larochelle | H | 18-19 | 32:40.6 |

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|----|-----------------------------|---|-------|---------|
| 1 | Pier-Olivier Laflamme | H | 20-29 | 23:50.8 |
| 2 | James Poulin-cadovius | H | 20-29 | 24:11.9 |
| 3 | Clément Hely | H | 20-29 | 25:12.4 |
| 4 | Jean-simon Fournier-dufour | H | 20-29 | 25:14.5 |
| 5 | Jean-philippe Thibodeau | H | 20-29 | 25:19.2 |
| 6 | Nicolas Audet | H | 20-29 | 25:35.6 |
| 7 | Patrick Rouleau | H | 20-29 | 25:58.0 |
| 8 | Alex Mavrovic | H | 20-29 | 26:01.9 |
| 9 | Jacopo Panerati | H | 20-29 | 26:12.6 |
| 10 | Jean-philippe Dion | H | 20-29 | 26:25.1 |
| 11 | Pierre-antoine Dupont | H | 20-29 | 26:39.6 |
| 12 | Adam Shiri | H | 20-29 | 26:53.7 |
| 13 | Louis Bastenier-boutin | H | 20-29 | 26:55.6 |
| 14 | Marc-antoine Vanier | H | 20-29 | 27:14.2 |
| 15 | Alexandre Boucher | H | 20-29 | 27:21.7 |
| 16 | Sterling Shaner | H | 20-29 | 27:47.3 |
| 17 | Gabriel Sanfaçon | H | 20-29 | 27:47.5 |
| 18 | Guillaume Boglioni Beaulieu | H | 20-29 | 27:48.7 |
| 19 | Lorenzo Florenty | H | 20-29 | 27:59.1 |

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|----|------------------------|---|-------|---------|
| 20 | Hubert Grenon | H | 20-29 | 28:05.1 |
| 21 | Mikhel-Ange Alain | H | 20-29 | 28:31.2 |
| 22 | Victor Cote | H | 20-29 | 28:45.6 |
| 23 | Maxime Boivin | H | 20-29 | 28:57.2 |
| 24 | Simon Trudel-lachance | H | 20-29 | 29:27.1 |
| 25 | Eric Morissette | H | 20-29 | 29:37.5 |
| 26 | Anthony Précourt | H | 20-29 | 29:55.3 |
| 27 | Vincent Belhumeur | H | 20-29 | 30:11.9 |
| 28 | Jeremy St-pierre | H | 20-29 | 30:49.3 |
| 29 | Alex Drouine-provencal | H | 20-29 | 31:21.4 |
| 30 | Antoine Guay | H | 20-29 | 31:26.5 |
| 31 | Alexandre Brizard | H | 20-29 | 31:54.8 |
| 32 | Samuel Gingras | H | 20-29 | 33:05.6 |
| 33 | Olivier Morissette | H | 20-29 | 34:23.7 |
| 34 | Renaud Giguere | H | 20-29 | 34:58.0 |

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|----|-------------------------|---|-------|---------|
| 1 | Stanislas Papadimitriou | H | 30-39 | 25:01.4 |
| 2 | Alexandre Boulé | H | 30-39 | 26:10.1 |
| 3 | Kehoe Shawn | H | 30-39 | 26:49.6 |
| 4 | Guillaume Roy | H | 30-39 | 26:54.3 |
| 5 | Jean-sebastien Lapointe | H | 30-39 | 28:39.5 |
| 6 | Gino Ricci | H | 30-39 | 29:00.1 |
| 7 | Tom Desruisseaux | H | 30-39 | 29:02.1 |
| 8 | Patrick Levasseur | H | 30-39 | 29:08.5 |
| 9 | Simon Dufour | H | 30-39 | 30:41.6 |
| 10 | Dominic Michaud | H | 30-39 | 31:01.4 |
| 11 | David Huard | H | 30-39 | 32:04.7 |
| 12 | Karl Brochu | H | 30-39 | 35:06.7 |

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|---|-------------------|---|-------|---------|
| 1 | Claude Gilbert | H | 40-49 | 26:42.0 |
| 2 | Hugo Simard | H | 40-49 | 28:20.3 |
| 3 | René Goulet | H | 40-49 | 29:04.3 |
| 4 | Martin Dubois | H | 40-49 | 31:42.2 |
| 5 | Sylvain Thibeault | H | 40-49 | 32:11.8 |
| 6 | Pascal Normandin | H | 40-49 | 34:14.8 |
| 7 | Patrick Blais | H | 40-49 | 35:00.5 |
| 8 | Kevin Plourde | H | 40-49 | 35:28.8 |

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|---|----------------|---|-------|---------|
| 1 | Richard Brochu | H | 50-59 | 32:35.6 |
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|---|-------------|---|-----|---------|
| 1 | Léon Simard | H | 60+ | 34:17.0 |
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