

|                        |                 |                  |           |
|------------------------|-----------------|------------------|-----------|
| <b>XC CNMSA 500 m</b>  |                 |                  |           |
| <b>Homme</b>           |                 |                  |           |
| 1                      | Noah            | Arsenault        | 0:03:08.1 |
| 2                      | Eloi            | Roberge          | 0:03:10.5 |
| 3                      | Laopold         | Garet            | 0:03:37.6 |
| 4                      | Nathan          | Bourguelat       | 0:04:00.6 |
| 5                      | Émile           | Garet            | 0:04:04.1 |
| 6                      | Victor          | Bédard           | 0:05:32.9 |
| <b>Femme</b>           |                 |                  |           |
| 1                      | Anna            | Beland           | 0:04:14.4 |
| 2                      | Ingrid          | Beauchamp        | 0:04:45.1 |
| <b>XC CNMSA 1,5 km</b> |                 |                  |           |
| <b>H 06-07</b>         |                 |                  |           |
| 1                      | Alexis          | Roberge          | 0:10:02.6 |
| 2                      | Justin          | Legault          | 0:10:10.5 |
| 3                      | Cameron         | Gagné            | 0:10:13.7 |
| 4                      | Colin           | Paquet           | 0:10:26.9 |
| 5                      | William         | Laflour          | 0:10:35.5 |
| 6                      | Sam             | Blouin           | 0:10:41.3 |
| 7                      | Samy            | Kirschner        | 0:11:19.1 |
| 8                      | Lukas           | Caron            | 0:12:28.2 |
| 9                      | Mikael          | Vaillancourt     | 0:13:55.6 |
| <b>H 08-09</b>         |                 |                  |           |
| 1                      | Zachari         | Moreau           | 0:06:54.6 |
| 2                      | Antoine         | Thiffault        | 0:07:46.1 |
| 3                      | Rafael          | Lemire           | 0:08:02.0 |
| 4                      | Eliott          | L. Pluize        | 0:08:17.7 |
| 5                      | Charles-Antoine | Brillant         | 0:08:22.8 |
| 6                      | Samuel          | Guay-Lessard     | 0:08:24.9 |
| 7                      | Henrik          | Beauchamp        | 0:08:31.1 |
| 8                      | Philippe        | Beaudet          | 0:08:38.1 |
| 9                      | Charles         | Tremblay         | 0:08:52.4 |
| 10                     | Simon           | Tremblay         | 0:09:27.4 |
| 11                     | Théo            | Blouin           | 0:10:37.0 |
| 12                     | Albert          | Garet            | 0:11:05.2 |
| <b>H 10-11</b>         |                 |                  |           |
| 1                      | Shawn-William   | Motard           | 0:06:37.9 |
| 2                      | Albert          | Raymond          | 0:06:41.6 |
| 3                      | Thomas          | Beland           | 0:06:46.6 |
| 4                      | Milo            | Desbiens         | 0:07:10.7 |
| 5                      | Julies          | Coulaux          | 0:07:55.9 |
| 6                      | Jacob           | Labrie           | 0:07:58.4 |
| 7                      | Xavier          | Pouliot          | 0:08:19.6 |
| 8                      | Christopher     | Ross             | 0:08:29.6 |
| 9                      | Vandal          | Jacob            | 0:50:26.2 |
| <b>F 06-07</b>         |                 |                  |           |
| 1                      | Fleur           | Chaffray         | 0:11:18.5 |
| 2                      | Alicia          | Dubreuil         | 0:11:35.4 |
| 3                      | Maika           | Caron            | 0:12:15.1 |
| 4                      | Laura           | Saindon          | 0:12:18.9 |
| 5                      | Sophie          | Beaudet          | 0:12:29.6 |
| 6                      | Jeanne          | Bacon            | 0:12:35.5 |
| 7                      | Melly-Ann       | Lajeunesse       | 0:12:43.5 |
| 8                      | Leanne          | Quessy           | 0:13:28.9 |
| 9                      | Alice           | Mallais          | 0:13:31.9 |
| 10                     | Charlotte       | Paré             | 0:13:39.1 |
| <b>F 08-09</b>         |                 |                  |           |
| 1                      | Julia           | Renaud           | 0:07:35.5 |
| 2                      | Alexia          | Beland           | 0:08:08.2 |
| 3                      | Sarah           | Trudel           | 0:08:10.8 |
| 4                      | Eloise          | Saindon          | 0:08:17.5 |
| 5                      | Laurie          | L. Pluize        | 0:08:54.5 |
| 6                      | Clara           | Legault          | 0:08:58.5 |
| 7                      | Maëly           | Lachance         | 0:09:00.9 |
| 8                      | Noémie          | Souveton         | 0:09:24.2 |
| 9                      | Jeanne          | Dejardins        | 0:09:40.5 |
| 10                     | Alexia          | Lachance         | 0:09:43.0 |
| 11                     | Maëlle          | Bourguelat       | 0:09:49.0 |
| 12                     | Émilie          | Charrois         | 0:09:55.9 |
| 13                     | Loralie         | Quessy           | 0:11:04.5 |
| 14                     | Mélanie         | Letarte          | 0:13:00.2 |
| 15                     | Amélie          | Ross             | 0:13:25.2 |
| <b>F 10-11</b>         |                 |                  |           |
| 1                      | Juliette        | Raymond          | 0:07:31.9 |
| 2                      | Sofia           | Renaud           | 0:07:34.1 |
| 3                      | Marie           | Dubois           | 0:07:48.9 |
| 4                      | Alicia          | Julien           | 0:08:06.8 |
| 5                      | Flavie          | Côté             | 0:08:09.5 |
| 6                      | Léonie          | Lacasse          | 0:08:13.3 |
| 7                      | Julianne        | Couillard        | 0:08:14.3 |
| 8                      | Sarah           | Lecours          | 0:08:15.9 |
| 9                      | Jessica         | Trudel           | 0:08:22.3 |
| 10                     | Eloise          | Bégin            | 0:08:33.0 |
| 11                     | Rebecca         | Gagné            | 0:08:40.9 |
| 12                     | Talia           | Macphail-Mcgrady | 0:09:30.0 |
| 13                     | Catherine       | Arsenault        | 0:09:37.2 |
| 14                     | Frédérique      | Desmeules        | 0:09:59.6 |
| 15                     | Maëlle          | Blouin           | 0:10:21.0 |
| <b>XC CNMSA 3,5 km</b> |                 |                  |           |
| <b>H 12-13</b>         |                 |                  |           |
| 1                      | Léo             | Bérubé           | 0:16:16.8 |
| 2                      | Mathias         | Pouliot          | 0:16:24.5 |
| 3                      | Louis-Philippe  | Labbé            | 0:16:52.3 |
| 4                      | Julien          | Desmeules        | 0:19:14.0 |
| 5                      | Joa             | Macphail-Mcgrady | 0:22:01.1 |
| 6                      | Isaac           | Dufour           | 0:22:16.2 |
| <b>H 14-15</b>         |                 |                  |           |
| 1                      | Joseph          | Bertrand         | 0:15:01.7 |
| 2                      | Alexis          | Ermel            | 0:15:04.0 |
| 3                      | Thomas          | Boutet           | 0:16:54.2 |
| <b>F 12-13</b>         |                 |                  |           |
| 1                      | Marianne        | Brillant         | 0:16:50.7 |
| 2                      | Mélanie         | Lebel            | 0:17:15.0 |
| 3                      | Maëlle          | Souveton         | 0:17:43.1 |
| 4                      | Emmanuelle      | Moreau           | 0:18:31.5 |
| 5                      | Juliane         | Dorval           | 0:23:13.4 |
| <b>F 14-15</b>         |                 |                  |           |
| 1                      | Ophélie         | Gramdmont        | 0:18:16.0 |
| <b>XC CNMSA 7 km</b>   |                 |                  |           |
| <b>H 16-17</b>         |                 |                  |           |
| 1                      | Ludovic         | Pouliot          | 0:27:30.2 |
| 2                      | Jérémie         | Giguère          | 0:28:30.6 |
| 3                      | Félix-Olivier   | Moreau           | 0:28:47.6 |
| 4                      | Hugo            | Vermette         | 0:34:57.5 |
| 5                      | Francis         | Desgagnés        | 0:36:44.2 |
| <b>H 20-29</b>         |                 |                  |           |
| 1                      | Félix           | Longpré          | 0:26:57.8 |
| 2                      | David           | Grégoire         | 0:27:26.6 |
| 3                      | Antoine         | Briand           | 0:28:01.6 |
| 4                      | Laurent         | Dansereau        | 0:30:24.4 |
| <b>H 30-39</b>         |                 |                  |           |
| 1                      | Frédéric        | Touchette        | 0:25:41.1 |
| 2                      | Olivier         | Moreau           | 0:28:53.1 |
| 3                      | Simon           | Gagné            | 0:36:23.8 |
| <b>H 60+</b>           |                 |                  |           |
| 1                      | Rene            | Levesque         | 0:44:18.6 |
| 2                      | Bernard         | Carré            | 0:44:42.4 |
| <b>F 16-17</b>         |                 |                  |           |
| 1                      | Anne-Marie      | Petitclerc       | 0:32:23.3 |
| 2                      | Megane          | Labrie           | 0:43:54.5 |
| <b>F 18-19</b>         |                 |                  |           |
| 1                      | Élisabeth       | Petitclerc       | 0:34:50.8 |
| <b>F 30-39</b>         |                 |                  |           |
| 1                      | Catherine       | Deschenes        | 0:33:45.1 |
| <b>F 40-49</b>         |                 |                  |           |
| 1                      | Sonia           | Normandin        | 0:37:38.2 |
| 2                      | Marie-Alice     | Dufour           | 0:40:51.0 |