

**500 m**

<b>Classement</b>	<b>Prénom</b>	<b>Nom</b>	<b>Temps</b>	
1	Aurélie	Latulippe	0:01:54.1	F
2	Samuelle	Coulombe	0:04:32.2	F
1	Olivier	Béland	0:02:03.6	H
2	Benjamin	Fontaine	0:02:04.6	H
3	Jake	Desrochers	0:02:40.7	H
4	Camille	Latulippe	0:03:10.6	H
5	Arnaud	Deshaies	0:03:13.5	H
6	Liam	Coulombe	0:03:30.8	H
7	Charlie	Desrochers	0:03:46.4	H

**1,5 km**

<b>Classement</b>	<b>Prénom</b>	<b>Nom</b>	<b>Temps</b>	
1	Naël	Sévigny	0:06:17.7	H 06-07
2	Louis	Cloutier	0:06:26.8	H 06-07
3	Alix	Munger	0:06:34.3	H 06-07
4	Alexandre	Boucher	0:06:36.0	H 06-07
5	Alexandre	Paquet	0:07:01.7	H 06-07
6	Raphael	Prescott	0:07:12.2	H 06-07

1	Zachari	Moreau	0:05:43.1	H 08-09
2	Émile	Dugal	0:05:55.0	H 08-09
3	Alexandre	Lajoie	0:06:15.8	H 08-09
4	Charles-Antoine	Brillant	0:06:45.3	H 08-09
5	Louis	Simard	0:06:55.4	H 08-09
6	Charlie	Sévigny	0:07:26.7	H 08-09
7	Alexys	Bouchard	0:07:52.5	H 08-09
8	Fleurence	Bouchard	0:08:52.4	H 08-09

1	Édouard	Lehoux	0:04:54.8	H 10-11
2	Carl	Truffer	0:04:55.8	H 10-11
3	Thierry	Olivier	0:05:11.8	H 10-11
4	Shawn-William	Motard	0:05:14.1	H 10-11
5	Alexandre	St-Arnaud	0:05:19.7	H 10-11
6	Albert	Raymond	0:05:22.0	H 10-11
7	Mederic	Trempe	0:05:36.7	H 10-11
8	Nathan	Levasseur	0:05:41.7	H 10-11
9	Louis-Philippe	Labbe	0:05:57.9	H 10-11
10	Olivier	Rochette	0:06:04.6	H 10-11
11	Xavier	Dubé	0:06:30.7	H 10-11
12	Elliot	Cloutier	0:06:33.2	H 10-11
13	Mathieu	Lobel	0:06:41.9	H 10-11

1	Ashley Rose	Lizé	0:07:08.6	F 06-07
2	Solène	Sarrazin	0:07:45.2	F 06-07
3	Élizabeth	Dupuis	0:07:48.1	F 06-07
4	Émilie	Béland	0:07:56.0	F 06-07
5	Florence	Dupuis	0:08:02.5	F 06-07

6	Noémie.	Levasseur	0:08:49.4	F 06-07
7	Charlotte	Dubé	0:09:03.1	F 06-07

1	Geraldine	Deshaies	0:06:29.0	F 08-09
2	Raphaëlle	Lemieux-Rivard	0:06:30.3	F 08-09
3	Justine	Héroux	0:06:31.4	F 08-09
4	Eva	Giroux	0:06:38.2	F 08-09
5	Sarah	Trudel	0:06:41.3	F 08-09
6	Clémence	Lobel	0:06:54.3	F 08-09
7	Frederique	Fontaine	0:07:04.5	F 08-09
8	Camille	Rochon	0:07:19.3	F 08-09
9	Ariane	Sarrazin	0:07:20.5	F 08-09
10	Justine	Béland	0:07:22.6	F 08-09
11	Léane	Fontaine	0:08:04.0	F 08-09
12	Laurence	Latulippe	0:08:05.5	F 08-09
13	Julia	Paquet	0:11:30.0	F 08-09

1	Mégan	Lebel	0:05:22.9	F 10-11
2	Marianne	Brillant	0:05:42.4	F 10-11
3	Rosalie	Fontaine	0:05:43.8	F 10-11
4	Emmanuelle	Moreau	0:05:45.6	F 10-11
5	Marie-Eve	Simard	0:05:57.5	F 10-11
6	Anna	Charbonneau	0:05:59.9	F 10-11
7	Béatrice	Côté	0:06:02.4	F 10-11
8	Gabrielle	Dugal	0:06:07.4	F 10-11
9	Juliette	Raymond	0:06:26.2	F 10-11
10	Éva	Sévigny	0:06:32.6	F 10-11
11	Iris	Munger	0:06:34.6	F 10-11
12	Kim	Boucher	0:06:43.3	F 10-11
13	Catherine	Arsenault	0:06:45.1	F 10-11
14	Jessica	Trudel	0:06:46.3	F 10-11
15	Anne	Girard	0:07:01.0	F 10-11
16	Cybil	Deshaies	0:07:26.3	F 10-11
17	Vanessa	Truffer	0:07:29.8	F 10-11
18	Malie	Sarrazin	0:07:44.2	F 10-11

### 3 km

Classement	Prénom	Nom	Temps	
1	Mathis	Beaulieu	0:13:45.5	H 12-13
2	Thomas	Paradis	0:13:51.2	H 12-13
3	Ismaël	Thomas	0:14:21.0	H 12-13
4	Louis	Bibeau	0:15:05.9	H 12-13
5	Colin	Viens	0:15:31.9	H 12-13
6	Julien	Rochon	0:15:51.1	H 12-13
7	Justin	Gosselin	0:16:21.4	H 12-13
8	Xavier	Normandin	0:17:03.1	H 12-13
9	Kristaps	Lacis	0:17:06.0	H 12-13
10	Félix	Olivier	0:17:07.8	H 12-13
11	Alexandre	Arsenault	0:20:29.5	H 12-13

12	Alexandre	Bédard	0:20:35.3	H 12-13
1	Jérémy	Lajoie	0:13:08.8	H 14-15
2	Alec	Charbonneau	0:14:09.9	H 14-15
3	Joseph	Bertrand	0:14:19.4	H 14-15
4	Olivier	Garneau	0:14:34.6	H 14-15
5	Max	Sylvain	0:15:04.7	H 14-15
6	Olivier	Gervais	0:15:06.9	H 14-15
7	Martins	Lacis	0:15:18.1	H 14-15
8	Jean-Christophe	Thomassin	0:15:22.0	H 14-15
9	Samuel	Chartier	0:18:03.7	H 14-15
10	Enrick	Woo-Thérien	0:18:05.4	H 14-15
11	Zachary	Bédard	0:20:12.5	H 14-15
12	Derek	Hétu Garneau	0:21:16.6	H 14-15
13	Antoine	Pouliot	0:27:41.1	H 14-15

1	Viginie	Magnan	0:17:00.2	F 12-13
2	Florence	Harrisson	0:17:09.2	F 12-13
3	Marianne	Héroux	0:17:41.9	F 12-13
3	Annabelle	Héroux	0:17:41.9	F 12-13
5	Elie-Anne	Tremblay	0:17:58.1	F 12-13
6	Simone	Bertrand	0:18:41.8	F 12-13
7	Magalie	Trempe	0:19:31.5	F 12-13
8	Claudia	Coté Salmeron	0:20:31.4	F 12-13
9	Lauriann	Chartier	0:20:42.5	F 12-13
10	Sarah-Michèle	Dugal	0:21:18.6	F 12-13
11	Ashley	Jacques	0:22:37.2	F 12-13

1	Jennifer	Carbonneau	0:14:36.9	F 14-15
2	Emmanuelle	Simard	0:14:57.9	F 14-15
3	Eve	Grenier	0:15:33.9	F 14-15
4	Anaève	Buell	0:15:59.0	F 14-15
5	Ève	Tremblay	0:16:11.4	F 14-15
6	Liliane	Gagnon	0:16:19.7	F 14-15
7	Maé	Sinotte	0:16:42.0	F 14-15
8	Mathilde	Laroche	0:16:55.1	F 14-15
9	Rowanne	Godbout	0:17:15.6	F 14-15
10	Lorie-Ann	Drolet	0:17:29.9	F 14-15
11	Simone	Zanghelli	0:18:23.6	F 14-15
12	Annabel	Côté	0:19:57.2	F 14-15
13	Amber	Vary	0:20:02.2	F 14-15
14	Juliette	Caron	0:22:25.1	F 14-15

1	Marie-Claude	Landry	0:20:46.0	F P35
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### 7 km

Rang	Prénom	Nom	Temps	
1	Nicolas	Harvey	0:26:32.3	H 16-17
2	Yannick	Lajoie	0:26:39.6	H 16-17
3	Jérémie	Giguère	0:28:22.9	H 16-17

4	Christophe	Bélanger	0:30:15.9	H 16-17
5	Mathilde	Dupuis	0:30:29.4	H 16-17
6	Félix	Dubois	0:32:41.1	H 16-17
7	François-Xavier	Dupuis	0:34:39.1	H 16-17
1	Emile	Chamard	0:30:31.6	H 18-19
1	William	Brouard	0:24:41.0	H 20-29
2	David	Grégoire	0:25:09.5	H 20-29
3	Félix	Belhumeur	0:26:22.0	H 20-29
4	Simon	Bellemare	0:27:27.1	H 20-29
5	Vincent	Belhumeur	0:28:00.4	H 20-29
1	Mathieu	Fillion	0:25:50.0	H 30-39
2	Francois-David	Cloutier	0:37:50.0	H 30-39
1	Guillaume	Roy	0:24:58.0	H 40-49
2	Patrick	Levasseur	0:26:47.5	H 40-49
3	Eric	Lehoux	0:27:38.8	H 40-49
4	Yohann	Deshaies	0:28:16.3	H 40-49
5	Dominic	Raby	0:29:17.7	H 40-49
6	Mathieu	Dery	0:30:47.5	H 40-49
7	Francois	Béland	0:32:44.3	H 40-49
8	Martin	Côté	0:33:57.8	H 40-49
9	Germain	Hebert	0:34:30.7	H 40-49
10	Dany	Dugal	0:37:51.5	H 40-49
1	Marc	Sevigny	0:27:13.5	H 50-59
2	Claude	Gauvin	0:28:19.9	H 50-59
3	Fabien	Claveau	0:32:29.3	H 50-59
4	Denis	Angers	0:33:11.0	H 50-59
5	Claude	Morneau	0:33:33.8	H 50-59
6	Martin	Dupuis	0:35:45.0	H 50-59
7	Jean-François	Coulombe	0:42:31.3	H 50-59
1	Marc	Sinotte	0:29:40.5	H 60+
2	Léon	Simard	0:34:59.4	H 60+
3	Rene	Levesque	0:41:05.3	H 60+
1	Elizabeth	Peticlerc	0:30:34.8	F 18-19
2	Marianne	Scherrer	0:35:12.7	F 18-19
1	Marianne	St-Louis-Morneau	0:33:29.9	F 20-29
1	Lucie	Gonthier	0:29:43.8	F 30-39
2	Natacha	Fontaine	0:34:32.2	F 30-39
3	Genevieve	Plamondon	0:42:41.3	F 30-39
4	Marilyn	Doyon	0:47:23.7	F 30-39
1	Binta	Diallo	0:32:52.8	F 40-49
2	Karine	Lapierre	0:34:55.6	F 40-49
3	Melanie	Costa	0:35:10.7	F 40-49
4	Anne-Marie	Lemaire	0:36:58.5	F 40-49

<b>5</b>	<b>Marie Alice</b>	<b>Dufour</b>	<b>0:39:09.9</b>	<b>F 40-49</b>
<b>1</b>	<b>Dominique</b>	<b>Claveau</b>	<b>0:34:40.8</b>	<b>F 50-59</b>
<b>2</b>	<b>Jacqueline</b>	<b>Delage</b>	<b>0:36:50.1</b>	<b>F 50-59</b>
<b>3</b>	<b>Brigitte</b>	<b>Lavoie</b>	<b>0:39:21.3</b>	<b>F 50-59</b>