

1 KM

1	Florence	Dupuis	0:05:39.4	+0.0	F 6-7
2	Noémie	Levasseur	0:05:41.7	+2.3	F 6-7

1	Cassandra	Anselin	0:04:26.1	+0.0	F 08-09
2	Samia	Paquet	0:04:27.6	+1.5	F 08-09
3	Sarah-Maude	Doyon	0:04:45.2	+19.1	F 08-09
4	Madeleine	Coté	0:04:50.9	+24.8	F 08-09
5	Éloïse	Bégin	0:04:54.2	+28.1	F 08-09
6	Camille	Rochon	0:05:29.8	+1:03.7	F 08-09

1	Florence	Harrisson	0:03:46.5	+0.0	F 10-11
2	Mégan	Lebel	0:03:59.7	+13.2	F 10-11
3	Vanessa	Truffer	0:04:00.7	+14.2	F 10-11
4	Marianne	Brillant	0:04:17.8	+31.3	F 10-11

1	Charles Antoine	Brillant	0:05:03.7	+0.0	H 6-7
2	Rémi	Côté	0:05:37.3	+33.6	H 6-7
3	Lucien	Barbieux	0:05:40.4	+36.7	H 6-7

1	Albert	Raymond	0:03:52.0	+0.0	H 08-09
2	Shawn William	Motard	0:04:00.7	+8.7	H 08-09
3	Nathan	Levasseur	0:04:03.2	+11.2	H 08-09
4	Cyril	Barbieux	0:04:14.9	+22.9	H 08-09

1	Carl	Truffer	0:03:38.8	+0.0	H 10-11
2	Julien	Rochon	0:03:43.6	+4.8	H 10-11
3	Louis-Félix	Doyon	0:03:44.5	+5.7	H 10-11
4	Liamm	Paquet	0:03:50.5	+11.7	H 10-11
5	Émile	Boucher	0:03:55.8	+17.0	H 10-11

3 KM

1	Jennifer	Carbonneau	0:11:08.6	+0.0	F 12-13
2	Anaève	Buell	0:11:59.5	+50.9	F 12-13
3	Fanny	Hotton Vigneault	0:12:38.3	+1:29.7	F 12-13
4	Romy	Sinotte	0:12:56.8	+1:48.2	F 12-13
5	Virginie	Magnan	0:13:16.6	+2:08.0	F 12-13
6	Catherine	Truffer	0:13:29.9	+2:21.3	F 12-13
7	Simone	Bertrand	0:14:23.5	+3:14.9	F 12-13
8	Annabel	Vo Halley	0:14:52.0	+3:43.4	F 12-13
9	Élisa	Marchidon	0:15:37.8	+4:29.2	F 12-13
10	Anabelle	Jacques	0:16:46.9	+5:38.3	F 12-13
11	Léa	Ouellet	0:17:42.9	+6:34.3	F 12-13
12	Jolyanne	Bouchard	0:18:41.0	+7:32.4	F 12-13
13	Lynn	Martin	0:18:42.4	+7:33.8	F 12-13
14	Coralie	Gauthier	0:19:44.9	+8:36.3	F 12-13

1	Maé	Sinotte	0:13:14.7	+0.0	F 14-15
2	Juline	Lambert Gingras	0:15:35.1	+2:20.4	F 14-15
3	Sophie	Boulé	0:15:36.2	+2:21.5	F 14-15

1	Léa	Poulin	0:14:50.5	+0.0	F 16-17
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1	Marie Philippe	Paquet	0:11:30.2	+0.0	F 18-19
1	Marianne	St-Louis Morneau	0:12:30.4	+0.0	F 20-29
2	Sabrina	Dubois Fraser	0:15:40.3	+3:09.9	F 20-29
3	Valérie	Dubois-Fraser	0:15:41.4	+3:11.0	F 20-29
1	Véronique	Mimeault	0:12:22.4	+0.0	F 40-49
2	Mélanie	Costa	0:13:01.9	+39.5	F 40-49
3	Marie Alice	Dufour	0:13:53.4	+1:31.0	F 40-49
3	Sybille	Martin	0:16:33.7	+4:11.3	F 40-49
4	Josée	Latulippe	0:17:41.8	+5:19.4	F 40-49
1	Marie-Hélène	Deshaies	0:15:47.6	+0.0	F 50-59
1	Colin	Viens	0:12:04.3	+0.0	H 12-13
2	Jean Christophe	Thomassin	0:12:08.0	+3.7	H 12-13
3	Philippe	Bégin	0:13:17.9	+1:13.6	H 12-13
4	Frédéric	Bolduc	0:15:39.0	+3:34.7	H 12-13
5	Ulric	Lacroix	0:16:31.9	+4:27.6	H 12-13
6	Clémence	Gonthier Cummings	0:17:43.9	+5:39.6	H 12-13
1	Anthony	Truffer	0:11:53.9	+0.0	H 14-15
2	Julian	Cantin	0:13:27.7	+1:33.8	H 14-15
3	Raphael	Gaudet Boily	0:13:48.8	+1:54.9	H 14-15
1	Vincent	Landry	0:10:10.0	+0.0	H 16-17
1	Nicolas	Tremblay	0:09:31.0	+0.0	H 20-29
2	William	Brouard	0:09:46.6	+15.6	H 20-29
3	Francois	Bussièrès	0:11:26.6	+1:55.6	H 20-29
1	Eric	Lachance	0:10:43.9	+0.0	H 30-39
2	Carl	Tremblay	0:11:19.8	+35.9	H 30-39
3	Sébastien	Ouellet	0:11:31.7	+47.8	H 30-39
1	Patrick	Levasseur	0:10:30.8	+0.0	H 40-49
2	Nichola	Blomfield	0:15:02.7	+4:31.9	H 40-49
1	Gilbert	Bissonnette	0:14:45.6	+0.0	H 50-59
1	Léon	Simard	0:12:39.8	+0.0	H 60 et +
2	Mario	Brochu	0:13:31.5	+51.7	H 60 et +
3	René	Levesque	0:14:37.0	+1:57.2	H 60 et +